

# Hospitality for the mind, body and soul: Wellness takes centerstage as travelers look for holistic wellness offerings beyond the spa and fitness center.

**Wellness Tourism** is forecasted to be on the rise in 2022.

THE INDUSTRY IS SUGGESTED TO BE WORTH **\$919 BILLION**

  
Travelers to embrace **biophilia**.

Design that engages the senses of sight, smell and sound with nature.

Hilton's newest lifestyle brand, slated to start welcoming guests in 2023, will help travelers to both power up for their day and unwind after a long day.



  
Hilton's **Five Feet to Fitness™** rooms allow guests to work out in the privacy of their rooms with over 11 different pieces of fitness equipment and accessory options.

